



### **Major Local Partnership Announcement**

On behalf of the Ottawa Valley Titans Association and Peak Centre Academy for Human Performance, Ken Brunet and I are extremely pleased to announce a partnership that will support our hockey families for years to come and create development opportunities that are forward-thinking to support the high demands of high-performance athletes for the Ottawa Valley Titans.

Peak has a long and rich history of working with National Sports Programs, over 30 Olympic Teams, thousands of athletes as well as several professional sports teams since 1992. Their program is built on a sound scientific foundation using the latest research on young athlete development & performance. Their sports curriculum, while flexible, allows for tailoring based on the stage of a student's development & the physical ability of each child so they get the most out of every training. With their on-ice training and a full exercise training center, athletes have everything they need to excel.

*“At Peak Academy, our goal is to provide a comprehensive program that combines high-quality academics with expert athletic training to help our students excel in all areas of their lives. By focusing on both athletics and academics, we believe that we can help our students become well-rounded individuals who are equipped with the skills and knowledge necessary for success both on and off the ice. Peak Centre is an Accredited High-Performance Centre and helped in the testing and training protocols for our Olympic Teams as well as the Senators, Leafs, Canadians, Devils, Rangers, Flames, Sharks, and Blue Jackets. Peak Centre has also worked with various OHL and NCAA teams, they have the only Accredited High Performance Lab in Ottawa and are only 1 of 6 in the Country.”*

This partnership is a subsidized program that is currently exclusive to Ottawa Valley Titans players starting in January 2024. For more information please contact either Titans President or Ken Brunet. We look forward to a mutually beneficial relationship with Peak.

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Joce Legault  
President OVTMHA

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Ken Brunet  
CEO of Peak Academy